Dear CMS Members,

Planning ahead doesn't have to feel overwhelming. Join the Cooperative Memorial Society (CMS) at a series of upcoming community events and presentations across Alberta designed to help you and your loved ones feel informed, prepared, and confident about the future.

These engaging and informative sessions will explore practical topics such as funeral and cremation options, advance planning, reducing stress for families, and smart ways to save money. Whether you are just starting to think about planning ahead or looking to update existing plans, these events offer valuable information in a welcoming, no-pressure environment.

Unless otherwise noted, presentations will be delivered by CMS. Our team will also be available with helpful planning resources, information about CMS membership benefits, and a limited number of Ducks in a Row planning booklets available at a special event price of $31.50.

All events are free to attend. Registration is required unless the event is marked as "drop-in." Click on the event button for more details and registration information.

We look forward to connecting with you, your family, and your guests at one of these upcoming events!

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Seniors Resource Council of Alberta

Wed., May 20, 2026 | 1:30 pm - 5:00 PM
**CALGARY**

SRCA Information Fair with CMS presentation at 2:30 pm: **The 3 Most Important Things Your Family Needs from You**

Royal Canadian Legion #285, 9202 Horton Road SW., Calgary, AB T2V 2X4

Donations to the Veteran's food bank appreciated.

**Register**

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Tue., June 2, 2026 | 3:00 pm **RED DEER**

Presentation: **Understanding Funeral, Burial and Cremation Options**

Parkland Funeral Home, 6287 67a St, Red Deer, AB T4P 3V9

**Register**

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Wed., June 3, 2026 | 6:30 pm **EDMONTON**

Presentation: **Understanding Funeral, Burial and Cremation Options**

Connelly-McKinley Funeral Home, 9 Muir Drive, St. Albert, AB T8N 1G1

**Register**

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Thu., June 4, 2026 | 9 am - 4 pm **EDMONTON**

Visit the CMS table at the **Older, Bolder, Better! Exhibition & Symposium**. This free event features over 100 exhibitors, guest speakers, entertainment, and is designed to help adults 55+ find resources, services, and connections.

River Cree Casino and Resort Hotel, 300 East Lapotac Blvd, Enoch, AB T7X 3Y3

**Register**

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Wed., June 10, 2026 | 1:30 pm **CALGARY**

Presentation: **Understanding Funeral, Burial and Cremation Options**

McInnis & Holloway Funeral Home, Chapel of the Bells, 2720 Centre St N, Calgary, AB T2E 2V6

**Register**

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Wed., June 24, 2026 | 3:30 pm - 6:30 pm **CALGARY**

Visit the CMS table at the SRCA Information Fair: **Smart Ways for Seniors to Save Money.** This event brings together exhibitors who provide adults 55+ with helpful resources, services, and community connections designed to support informed choices and everyday savings.

Bow Cliff Seniors Centre, 3375 Spruce Dr SW, Calgary, AB T3C 3A3

**Register**

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Thu., July 16, 2026 | 1:00 pm **CALGARY**

Presentation: **Planning Ahead Without Pressure**

**Drop-in**

Unison at the Kerby Centre, 1133 7 Avenue S.W. Calgary, AB T2P 1B2

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Tue., July 21, 2026 | 5:30 pm **LETHBRIDGE**

Presentation: **Understanding Funeral, Burial and Cremation Options**

Cornerstone Funeral Home, 2825 32 St S, Lethbridge, AB T1K 7B1

**Register**

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Thu., August 13, 2026 | 1:00 PM **CALGARY**

Presentation: **The 3 Most Important Things Your Family Needs from You**

Unison at the Kerby Centre, 1133 7 Avenue S.W. Calgary, AB T2P 1B2

**Drop-in**

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Thu., September 17, 2026 | 1:00 pm **CALGARY**

Presentation: **Understanding Funeral, Burial and Cremation Options**

Unison at the Kerby Centre, 1133 7 Avenue S.W. Calgary, AB T2P 1B2

**Drop-in**

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Mon., September 28, 2026 | 2:00 pm **INNISFAIL**

Presentation: **The 3 Most Important Things Your Family Needs from You**

Innisfail Public Library, Community Room, 5300 55 St. Close., Innisfail, AB T4G 0A1

**Register**

Cooperative Memorial Society | PO Box 90084 RPO Airdrie | Airdrie, AB T4B 0A2 CA

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